



Local elementary students featured in nationwide display for Famous Footwear

HAZELWOOD, Mo. (KMOV.com) – Two Hazelwood elementary students are being featured in a nationwide display for Famous Footwear! Justin and Jasmine Bell, both students at Jana Elementary School, are featured in a new display in 640 stores across the country, according to a [tweet by the Hazelwood School District Wednesday](#). The display featuring Justin, who is in third grade, and Jasmine, who is in kindergarten, can be seen locally in Brentwood, Creve Coeur and Kirkwood.



https://www.kmov.com/news/local-elementary-students-featured-in-nationwide-display-for-famous-footwear/article_8e8e6784-f896-11e8-b79a-d365f6b1892d.html

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Hei captures two golds to put Hazelwood Central on map

Nerinx Hall wins team title

BY STEVE OVERBEY
STLhighschoolsports.com

LADUE • Hazelwood Central senior Amanda Hei realizes that girls swimming is not a particularly hot topic around her campus.

"I'm not sure too many people even know we have a team," she said.

They should now — thanks to Hei.

The lanky sprinter won a pair of high-profile events Saturday at the Eudal Early Season Invitational.

Hei took gold in the 100-yard butterfly and 100 breaststroke with impressive state qualifying times. She had fans shaking their heads after she edged Nerinx Hall senior Katie Knapp in the butterfly.

"I'm pretty sure everyone knows who she is now," Hazelwood Central coach Erin Roades said. "She's been working very hard and these results are just a testimony to her work ethic."

Nerinx Hall crushed the field in the 17-school, 333-competitor event. The Markers finished with a whopping 608 points. Ladue was second with 291.

But Hei stole the show — and grabbed some glory for a school that has had little success in the past.

Roades said Hei is the Hawks' best female swimmer in the 10 years that he has been involved in the program. Her come-from-out-of-nowhere performance also serves as one of the most memorable moments in the school's swimming history.

"We've always had good basketball and football teams," Hei said. "It's nice to be able to get out and show everyone that we're good in another sport too."

Hei enjoys her role as a pioneer in a growing



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Nerinx Hall's Katie Knapp won the 100-yard backstroke title Saturday at Ladue.

sport.

"What I'm doing, it makes me really proud," she said.

Roades is also thrilled with Hei's ascension up the ladder.

"Seeing her accomplish what she has, it's fulfilling as a coach," Roades said. "With her dedication and talent, it helps validate what we, as coaches, are doing."

Hei, who will take her talents to the University of Missouri-St. Louis, has qualified for state in each of the previous three seasons. But she has had little success. She finished 15th in the butterfly last season.

Immediately after that performance, she turned to Roades and made a proclamation.

"Before we even left the Rec-Plex (site of the state meet), she told me getting back here and getting a medal (top eight finish) was her goal," Roades said.

Hei, who has been swimming for 13 years, is well on her way toward that aspiration. A member of the HEAT club team out of Hazelwood, she is on a big-time roll.

"I'm happy with my times from today — but I still feel I can do a little better," Hei said. "There's plenty of time to improve."

Nerinx Hall won seven of the 13 events to waltz to the crown. The Markers captured five of the first seven races on the way to a safe 328-146 lead over the hosts.

Knapp and sophomore Emily Traube led the way. Knapp took first in the 100 back and 25 free, a fun event that will not be part of the state meet. She also helped the 200 medley relay and 400 free relay teams to first-place finishes.

Traube won the 200 individual medley and 100 free. Junior Meghan Bryan capped off the gold rush with a win in the 50 free.

"One of our goals for the season is to come out here strong," Nerinx Hall coach Jenoa Olson said. "This was fun. We've got talent from a lot of different class levels."

The Markers set three meet records and four school records during their dominant performance.

"I'm excited for how good we can be," Knapp said.

Westminster sophomore Margo O'Meara, the reigning state diving champion, rolled to a win in the dive portion of the meet. Bouncing back from a soccer injury, O'Meara appeared razor-sharp with 340 points — 131 ahead of her nearest competitor.

GIRLS SWIMMING & DIVING • EUDAL INVITATIONAL



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Hazelwood Central senior Amanda Hei smiles Saturday afternoon after winning the 100-yard breaststroke in the Eudal Early Season Invitational at Ladue High School. Hei also captured the 100 butterfly title.